



Cookbook



These PUC PIE Recipes contained in this cookbook were created during our Affirming PIE Sunday Worship-March 10, 2024

PEACE PIE

Ingredients...



Love - 2 handfuls
Acceptance - heaps
Cooperation - a fistful
Listening - daily

Mix together, blend well while stirring in some faith.

Bake over time until well done.

PUC = "PIE"

Ingredients...

Welcome
Open to All
Invite All
Reject Racism
Being Public
Hum of music
Love All
Pinch of Inclusive

No measuring needed,
just add and add and add!
Put in the oven and share a large helping with all!
Enjoy!

TOGETHER IN LOVE PIE

Ingredients...

Crust of Love that holds us together.

Equal parts of Hope and Joy.

Spices of Understanding, Commitment and Perseverance

Serve and Sweeten with meaningful Music and Brave Voices.

ALLY PIE

Ingredients...

Acceptance
Caring
Holistic
Love
Inclusive

Mix well together allowing time for all to learn, participate

And reflect on the importance of the ingredients to meld together.



RECIPE FOR RAINBOW PIE

Ingredients...

2 cups Open Mindedness
1 cup Friendliness
1 cup Searching for Opportunities
for Allyship
1 Ally to glaze the PIE
A crust for a solid foundation –
Us! People!
3 cups of Learning & Questioning!
A dash of Good Will & Grace
A heaping scoop of Gratitude

Bake and Enjoy!

PUC PIE

Ingredients...

7 days of Kindness
2 ounces of Hugs
buckets of Compassion and Forgiveness

Give lots of Respect and Caring
Fold and Knead
Bake with Love!

INCLUSIVITY PIE



Ingredients...

1 cup Physical Items to Show Who We Are 1 dash of a Flagpole

2 months of Welcomes-Flag Change Monthly 2 cups full of Caring, Compassion and Solidarity 6 bowlfuls of Community Knowledge

Mix together and cook continuously at 350°.

Adjust recipe as required.

Fold in Love and Friendship.

Done when the seats are full

of a rainbow of caring souls.

RAINBOW PIE

Ingredients...

- 1. Friendly
- 2. Intentional 3.Love

We need to be open minded with intentional actions.
Welcoming everyone.
Embracing all differences.

NO RULES FOR LOVE PIE

Ingredients...

Equal Parts Of:



Equal Parts Of: Open to New Things

Open Doors
Open Minds
Acceptance
Love
Learning

Mix together
Stir thoroughly.
Spread in as many ways as possible.
Batter might be lumpy.

INTEGRITY, COMFORT PIE

Ingredients...

1 c. Speaking up for Others
3 c. Love
2 c. Respect

We should be a place of comfort so those who enter our door don't have to wonder if they will be accepted.

PUC POT PIE

Ingredients...

Combine:

1 c. Love

1 c. Embracing

1/2 c. Joy

1 c. Understanding

1 tbsp Allspice

½ c. Sweetness

Mix with an ample amount of spirit.

Shake it all up together and spread.

Share and enjoy!

ZERO CALORIE PIE

Ingredients...

Zero Judgment
Abundance of Love
Sprinkle of Active Participation
in community
Open Hearts and Minds

Make sure to bake with pie on cookie sheet to protect as juices of filling bubble and expand in the vof those enjoying it.

PIE Public Intentional Explicit.

These are the standards we hold ourselves and our welcome to when we seek to live into being Affirming, Welcoming, or Inclusive people and communities.

If you are seeking more information about the Affirming Ministries Process or would like to be part of this ongoing work, please contact Karen Vaughan (she/her)

— our 'A' Team Coordinator- 902 771-1776

or speak to the any one of the members of our Working Group:
Cecely Gilby (she/her); Marjorie Anne Macdonald (she/her);
Margaret Anne Dodson (she/her); Paula Millman (she/her);
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Ruth Mackay (she/her); Janice Cruikshank (she/her);
Brian Burris (he/them);
Diane Vaughan(she/her); Valerie Austin (she/her)
and Mary-Beth Moriarity (she/her).

Gonna make a pie Gonna make a pie with a heart in the middle

from 'Baby Don't Your Cry (The Pie Song) in 'Waitress'

